

Food Allergy Table: 2011/2012

Across the top of this list are the allergens. The column on the left has all food products used.

"Yes" indicates the allergen IS an ingredient in the food product. Do not serve this food product to a child with this type of allergy.

"No" indicates the allergen is NOT an ingredient in the food product and will not result in an allergic reaction.

Product Name	Peanut -						Seafood - Shellfish	Yellow #5 , #6	Red #40	MSG	Nitrite- Nitrates
	Milk	Nut	Egg	Corn	Wheat	Soy					
Apple jelly, Carriage House	No	No	No	Yes	No	No	No	No	No	No	No
Applesauce, Lucky Leaf	No	No	No	Yes	No	No	No	No	No	No	No
Bacon Bits, imitation, Spice Supreme/ Gel	Yes	No	No	Yes	No	Yes	No	No	Yes	No	No
Bagels, Plain, Bake Crafters	No	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Baking Powder	No	No	No	Yes	No	No	No	No	No	No	No
Barbecue Sauce, Heinz	Yes	No	No	Yes	Yes	Yes	No	No	No	No	No
Beans, Baked Beans, Block and Barrell	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Beef, Burger, fully cooked Mesquite, Integrated	No	No	No	Yes	Yes	Yes	No	No	No	No	No
Beef, Burger, raw, Thompson	No	No	No	No	No	Yes	No	No	No	No	No
Beef, fine, ground, raw, frozen, USDA	No	No	No	No	No	No	No	No	No	No	No
Beef, fully cooked, mini flame broiled patties, Pierre 3864	Yes	No	No	Yes	No	Yes	No	No	No	No	Yes
Beef, Meatballs, fully cooked, Tyson 7361-328	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Beef, Roast Beef Reg, Manda Brand	Yes	No	No	Yes	Yes	Yes	No	No	No	No	No
Bread, Biscuit Dough, Rich's Homestyle	No	No	Yes	Yes	Yes	Yes	No	No	No	No	Yes
Bread, Bun, Hot Dog, Natural Grains, Flowers	No	No	No	Yes	Yes	Yes	No	No	No	No	No
Bread, Buns, Hamburger, Natural Grains, Flowers	No	No	No	Yes	Yes	Yes	No	No	No	No	No



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Cherries, 1/2 gallon Red Halved Maraschino	No	Yes, in same facility	No	Yes	No	No	No	No	Yes	No	No
Chicken Breast, spicy, breaded pattie, Proview	No	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Chicken, Breaded Patties, Proview	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Chicken, breaded strip, Gold Kist Farms	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	Yes
Chicken, breast patties, grilled, Proview	No	No	No	No	Yes	Yes	No	No	No	No	Yes
Chicken, cut-up, 8-piece, raw, frozen, USDA	No	No	No	No	No	No	No	No	No	No	No
Chicken, Cut-up, Roasted, USDA	No	No	No	No	No	No	No	No	No	No	No
Chicken, diced, cooked, frozen, USDA	No	No	No	No	No	No	No	No	No	No	No
Chicken, Fajita Strips, Kings Delight	No	No	No	Yes	Yes	No	No	No	No	No	No
Chicken, grilled strips, Proview	No	No	No	No	Yes	Yes	No	No	No	No	Yes
Chicken, Smackers, Gold Kist Farms	Yes	No	No	Yes	Yes	No	No	No	No	No	Yes
Chips, Cheetos, Baked	Yes	No	No	Yes	No	Yes	No	Yes	No	Yes	Yes
Chips, Chocolate	Yes	No	No	No	No	Yes	No	No	No	No	No
Chips, Corn chips, Fritos	No	No	No	Yes	No	No	No	No	No	No	No
Chips, Doritos, Baked	Yes	No	No	Yes	No	Yes	No	Yes	Yes	Yes	Yes
Chips, Doritos, Nacho Cheese	Yes	No	No	Yes	Yes	Yes	No	Yes	Yes	Yes	possible
Chips, Funyuns, Onion Flavored Rings	Yes	No	No	Yes	Yes	Yes	No	No	No	Yes	Yes
Chips, Pretzles, Rold Gold, twists	No	No	No	Yes	Yes	No	No	No	No	No	Yes

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Chips, Tortilla, Yellow round, Medallion	No	No	No	Yes	No	Yes	No	No	No	No	No
Chow Mein Noodles, La Choy	No	No	No	No	Yes	Yes	No	No	No	No	Yes
Cocoa Powder, low fat, Sysco	No	No	No	No	No	No	No	No	No	No	No
Cookie, Fortune	No	No	Yes	Yes	Yes	Yes	No	Yes	No	No	Yes
Corn Dog, Jumbo, whole grain	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	Yes
Corn Dog, Mini, Hinsdale Farms	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Corn Meal, Yellow	No	No	No	Yes	No	No	No	No	No	No	Yes
Corn, whole kernel, brine pack, Seneca Foods Corp	No	No	No	Yes	No	No	No	No	No	No	No
Cornbread Stuffing Mix, Uncle Ben's Classic	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	Yes
Cracker, Goldfish, cheddar, Campbells	Yes	No	No	No	Yes	Yes	No	No	No	No	Yes
Cracker, Keebler Graham	No	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Cracker, Keebler Graham Cracker Crumbs	Yes	trace	No	Yes	Yes	Yes	No	No	No	No	Yes
Cracker, Keebler Wheat, Kellogs	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Cracker, Premium Saltine, Nabisco	No	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Cracker, Sandwich Cheese, cheddar, Austin	Yes	No	No	Yes	Yes	Yes	No	Yes	No	No	Yes
Cracker, Town House, Keebler	No	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Cracker, Wheat Thins	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Cracker, Zoo Animal Cracker, Austin	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes



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Cranberry Jellied Sauce, Ocean Spray	No	No	No	Yes	No	No	No	No	No	No	No
Donuts, Crispy King, Yeast Raised, Bake Crafters	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	Yes
Double Banana Bar, Blue Bell	Yes	No	No	Yes	No	Yes	No	No	No	No	No
Egg Rolls, Pork & Veg., Amy's	No	No	Yes	Yes	Yes	Yes	No	No	No	No	Yes
Egg Rolls, Pork & Vege, Schwan Food Co.	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	Yes
Egg, Whole, frozen rapid egg	No	No	Yes	No	No	No	No	No	No	No	No
Extract, Lemon	No	No	No	No	No	No	No	Yes	No	No	No
Extract, Vanilla	Yes	No	No	Yes	No	No	No	No	No	No	No
Fish, Strips OR Patties, High Liner Foods	Yes	No	No	Yes	Yes	Yes	Yes	No	No	No	Yes
Fish, Tuna, Starkist	No	No	No	No	No	Yes	Yes	No	No	No	No
Food Color, Blue	No	No	No	No	No	No	No	No	Yes	No	No
Food Color, Green	No	No	No	No	No	No	No	Yes	No	No	No
Food Color, Red	No	No	No	No	No	No	No	No	Yes	No	No
Food Color, Yellow	No	No	No	No	No	No	No	Yes	No	No	No
French Toast Sticks	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	Yes
Fruit Cup, Frozen, Strawberry, Fruit Fiesta	No	No	No	No	No	No	No	No	No	No	No
Fruit Pie, Apple, Cutie Pie/Horizon	No	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Fruit Punch, 50% pure, M&B	No	No	No	Yes	No	No	No	No	Yes	No	No
Fruit, Tropical, Del Monte	Yes	No	No	No	No	No	No	No	No	No	No
Gelatin, Berry Blue, Diamond Crystal	No	No	No	Yes	No	No	No	No	No	No	No
Gelatin, Diamond Crystal	No	No	No	Yes	No	possible	No	possible	possible	No	No

Food Allergy Table: 2011/2012

Graham Cracker Cluster, Clodhopper, van/cocoa	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Gravy Color, Kitchen Bouquet	Yes	No	No	Yes	No	No	No	No	No	No	No
Gravy Mix, Brown, Low Sodium, Pioneer/Conestoga	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Gravy Mix, Chicken, Pioneer/Conestoga	Yes	No	No	Yes	Yes	Yes	No	No	No	Yes	Yes
Grits, Quick, Quaker	No	No	No	Yes	No	No	No	No	No	No	Yes
Honey Mustard Dressing & Dip, Sysco	Yes	No	Yes	Yes	No	Yes	No	No	No	No	No
Honey, Bear Clover	No	No	No	No	No	No	No	No	No	No	No
Hot Dog, Jennie-O	No	No	No	Yes	Yes	No	No	No	No	No	Yes
Hot Sauce, Cajun Chef	No	No	No	No	No	No	No	Yes	Yes	No	No
Ice Cream Chocolate Chip Country Cookie, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	No	No	No	No
Ice Cream Sandwich, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	No	Yes	No	Yes
Ice Cream, Banana Fudge Bar, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	Yes	No	No	No
Ice Cream, Chocolate Ice Cream cup, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	No	No	No	No	No	No
Ice Cream, Chocolate lowfat yogurt cup, Blue Bell	Yes	Yes (same factory)	No	No	No	No	No	No	No	No	No
Ice Cream, Cookie Cone, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	No	No	No	Yes
Ice Cream, Cookies 'n Cream Sandwich, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	No	Yes	No	yes
Ice Cream, Fudge Bar, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	Yes	No	No	No

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Ice Cream, Fudge Blast, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	Yes	No	No	No
Ice cream, Krunch Bar, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	No	No	No	No
Ice Cream, Mini Rainbows, Blue Bell	No	Yes (same factory)	No	Yes	No	No	No	Yes	Yes	No	No
Ice Cream, Mini Sandwiches, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	No	Yes	No	Yes
Ice Cream, Mini Vanilla Country Cones, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	No	yes	No	Yes
Ice Cream, Neapolitan Sandwich, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	No	Yes	No	Yes
Ice Cream, Nutzo, Nut Bar, Blue Bell	Yes	Yes (same factory)	No	yes	Yes	No	No	No	No	No	yes
Ice Cream, Orange Crème Bar, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	Yes	Yes	No	No
Ice Cream, Rainbow Freeze, Blue Bell	No	Yes (same factory)	No	Yes	Yes	No	No	Yes	Yes	No	No
Ice cream, Rainbow Sherbert, Blue Bell	Yes	Yes (same factory)	No	Yes	No	No	No	Yes	Yes	No	No
Ice Cream, Strawberry Banana Bar, Blue Bell	No	Yes (same factory)	No	Yes	Yes	No	No	Yes	Yes	No	No
Ice Cream, Strawberry Fruit Bar, Blue Bell	No	Yes (same factory)	No	No	No	No	No	No	No	No	No
Ice Cream, Strawberry Ice Cream cup, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	Yes	No	No	Yes	No	No
Ice Cream, Strawberry lowfat yogurt cup, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	No	No	No	Yes	No	No
Ice Cream, Vanilla Ice Cream cup, Blue Bell	Yes	Yes (same factory)	No	Yes	Yes	No	No	No	No	No	No
Jelly, Jam, Preserves, Grape, Strawberry, OR Apple, Heinz, Stratford Farms, Carriage House	No	No	No	Yes	No	No	No	No	No	No	No

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Milk, Red. Fat, Brown's Dairy/Dean Foods	Yes	No	No	No	No	No	No	No	No	No	No
Milk, Strawberry, lowfat, Brown's Dairy	Yes	No	No	Yes	No	No	No	No	Yes	No	No
Milk, Strawberry, lowfat, Luvel	Yes	No	No	Yes	No	No	No	No	Yes	No	No
Mission 5" Reg Yellow Taco Shells	No	No	No	Yes	No	No	No	No	No	No	Yes
Mission Extra Thin Yellow Corn Tortillas	No	No	No	Yes	Yes	No	No	No	No	No	No
Muffins, Banana OR Blueberry, JSB	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	Yes
Muffins, Chocolate Chip, JSB	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	No
Mustard, Sysco	No	No	No	No	No	No	No	No	No	No	No
Mustard, Yellow, Heinz	No	No	No	No	No	No	No	No	No	No	No
Oats, Rolled, quick, Malt-O-Meal	No	No	No	No	No	No	No	No	No	No	No
Olives, green, Bravo Salad Sliced	No	No	No	No	No	No	No	No	No	No	No
Pancake Pup, Don Lee Farms	Yes	No	Yes	Yes	Yes	Yes	No	No	No	Yes	Yes
Pancake, Frozen, Echo Lake	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Pancake, Mini, Dewafelbakkers/	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	Yes
Pasta Egg Noodle, Sysco	No	No	Yes	No	Yes	No	No	No	No	No	Yes
Pasta, Frosty Acres: Spiral Rotini	No	No	No	No	Yes	No	No	No	No	No	Yes
Pasta, Lasagne, Frosty Acres	No	No	Yes	No	Yes	No	No	No	No	No	Yes
Pasta, Rotini, Rainbow, Sysco	No	No	No	No	Yes	No	No	No	No	No	Yes
Pasta, Rotini, Whole Grain, Dry, USDA	No	No	No	No	Yes	No	No	No	No	No	Yes

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Pasta, Spaghetti, Whole Grain, Dry, USDA	No	No	No	No	Yes	No	No	No	No	No	Yes
Peaches, Y.C. diced, light syrup, Seneca Food Corp, USDA	No	No	No	Yes	No	No	No	No	No	No	No
Peanut Butter & Jelly Graham, Pierre	No	Yes	No	Yes	Yes	Yes	No	No	No	No	No
Peanut Butter & Jelly Sandwich, Smucker's	No	Yes	No	Yes	Yes	Yes	No	No	No	No	Yes
Peanut Butter, Stratford Farms, Sysco	No	Yes	No	Yes	No	Yes	No	No	No	No	No
Pears, diced, light syrup, Del Monte Foods	No	No	No	Yes	No	No	No	No	No	No	No
Pepperoni, sliced, Arezzio	yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Peppers, Banana Mild, Cajun Chef	No	No	No	No	No	No	No	Yes	No	No	No
Peppers, Jalapeno, Cajun Chef	No	No	No	No	No	No	No	Yes	No	No	No
Pickle Pouch, Van Holten's	Yes	No	No	No	No	No	No	Yes	No	No	No
Pickle Relish, Dill, Cajun Chef	No	No	No	No	Yes	Yes	No	No	No	No	No
Pickle Relish, Sweet, Cajun Chef	No	No	No	Yes	Yes	Yes	No	No	No	No	No
Pickles, Dill	No	No	No	No	No	No	No	Yes	No	No	No
Pickles, Dill spears, Kosher, Cajun Chef	No	No	No	No	No	No	No	Yes	No	No	No
Pickles, Hamburger sliced dill, Cajun Chef	No	No	No	No	No	No	No	No	No	No	No
Pizza, 7" cheese, Alpha Supreme, Alpha Foods Co.	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Pizza, Breakfast, Cheese and Sausage	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes

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Roux Mix, Tony Chachere's	Yes	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Salad Dressing, Italian, Hidden Valley	Yes	No	No	No	Yes	Yes	Yes	No	No	Yes	No
Salad Dressing, Ranch Hidden Valley	Yes	No	No	Yes	Yes	Yes	Yes	No	No	Yes	No
Salsa, Mild, La Junta	No	No	No	No	No	No	No	No	No	No	No
Sauce, Enchilada Authentic, Sysco	No	No	No	No	No	No	No	No	No	No	No
Sauce, General Tso's, Soaring Dragon	No	No	No	Yes	Yes	Yes	No	No	No	No	No
Sauce, Teriyaki, JTM	No	No	No	Yes	Yes	Yes	No	No	No	No	No
Sausage, Link, Swift	Yes	No	No	Yes	Yes	No	No	No	No	No	No
Sausage, Patty, Swift	Yes	No	No	Yes	Yes	No	No	No	No	No	No
Sausage, smoked, sliced Chisesi's Pride	No	No	No	Yes	Yes	Yes	No	No	No	Yes	Yes
Season All, Morton	no	No	No	Yes	No	No	No	No	No	No	No
Seasoning, Creole, Zatarain's	No	No	No	Yes	Yes	No	No	No	No	No	No
Seasoning, Fajita, Imperial/McCormick	No	No	No	No	Yes	Yes	No	No	No	Yes	No
Seasoning, Taco, Lawry's	No	No	No	Yes	Yes	No	No	No	No	No	Yes
Shortening, All Purpose, Riceland/Sysco	No	No	No	No	No	Yes	No	No	No	No	No
Shrimp, Raw	No	No	No	No	No	No	Yes	No	No	No	No
Slushy, Frozen, Rips Kiwi Strawberry	Yes	No	No	Yes	Yes	No	No	No	No	No	No
Slushy, Frozen, Rips, Blue Razz	No	No	No	Yes	Yes	No	No	No	No	No	No
Smuckers Uncrustables PB&J Sandwich	No	Yes	No	Yes	Yes	Yes	No	No	No	No	Yes
Soup Base, Beef, Sysco	No	No	No	Yes	Yes	Yes	No	No	No	No	No
Soup Base, Chicken, Sysco	No	No	No	Yes	Yes	No	No	No	No	No	No

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Soup Base, Cream, Legout	Yes	No	No	Yes	Yes	Yes	No	Yes	No	Yes	No
Sour cream, ligh/regular, Daisy	Yes	No	No	No	No	No	No	No	No	No	No
Soy Sauce, La Choy	Yes	No	No	Yes	No	Yes	No	No	No	No	No
Strawberries, Sliced, Frozen, In Sugar, Sysco	No	No	No	No	No	No	No	No	No	No	No
Sunflower Seeds, Sysco	Yes	Yes	Yes	No	Yes	Yes	No	No	No	No	No
Sweet & Sour Sauce, La Choy	No	No	No	Yes	No	No	No	No	No	No	No
Syrup, Pancake & Waffle, State Fair	Yes	No	No	Yes	No	No	No	No	No	No	No
Taco Sauce, Mild, La Junta	No	No	No	Yes	Yes	No	No	No	No	No	No
Taco Shell Hard, Mission	No	No	No	Yes	No	No	No	No	No	No	Yes
Taco Shell Soft, Tortilla, Corn, Mission	No	No	No	Yes	No	No	No	No	No	No	No
Taco Shell Soft, Tortilla, Flour, 10" Casa Solana/Mission	No	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Taco Shell Soft, Tortilla, Flour, Tyson 6"	No	No	No	Yes	Yes	Yes	No	No	No	No	Yes
Toaster Pastry, Unfrosted, Strawberry, Kellogg's	No	No	No	Yes	Yes	Yes	No	Yes	Yes	No	Yes
Tomato Paste, Red Gold	No	No	No	No	No	No	No	No	No	No	No
Tomatoes, Diced, in juice, Hunt's Angela Mia	No	No	No	No	No	No	No	No	No	No	No
Toppettes, Chocolate	No	No	No	Yes	No	Yes	Yes	No	Yes	Yes	No
Toppettes, Rainbow	No	No	No	Yes	No	Yes	No	Yes	Yes	No	No
Turkey breast & thigh roast, cooked, Jennie-O	No	No	No	No	No	Yes	No	No	No	No	No

